



Parcours 10

Les Marbres de Carrara Long

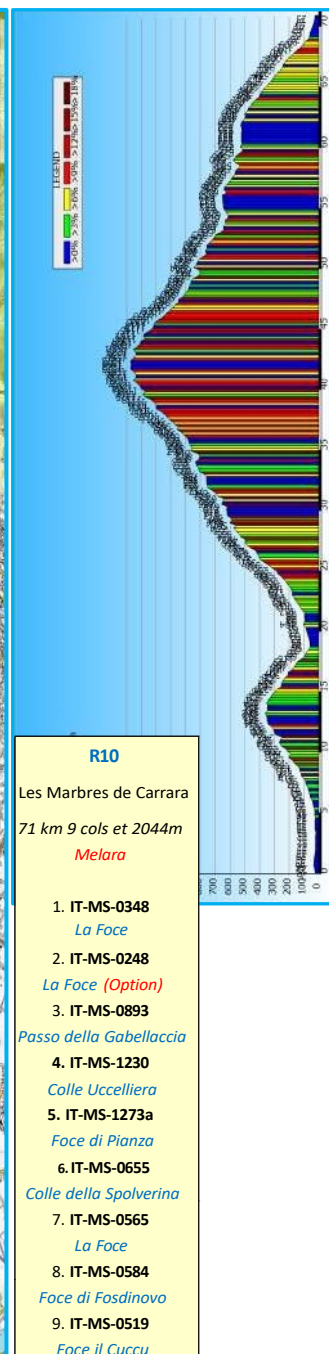
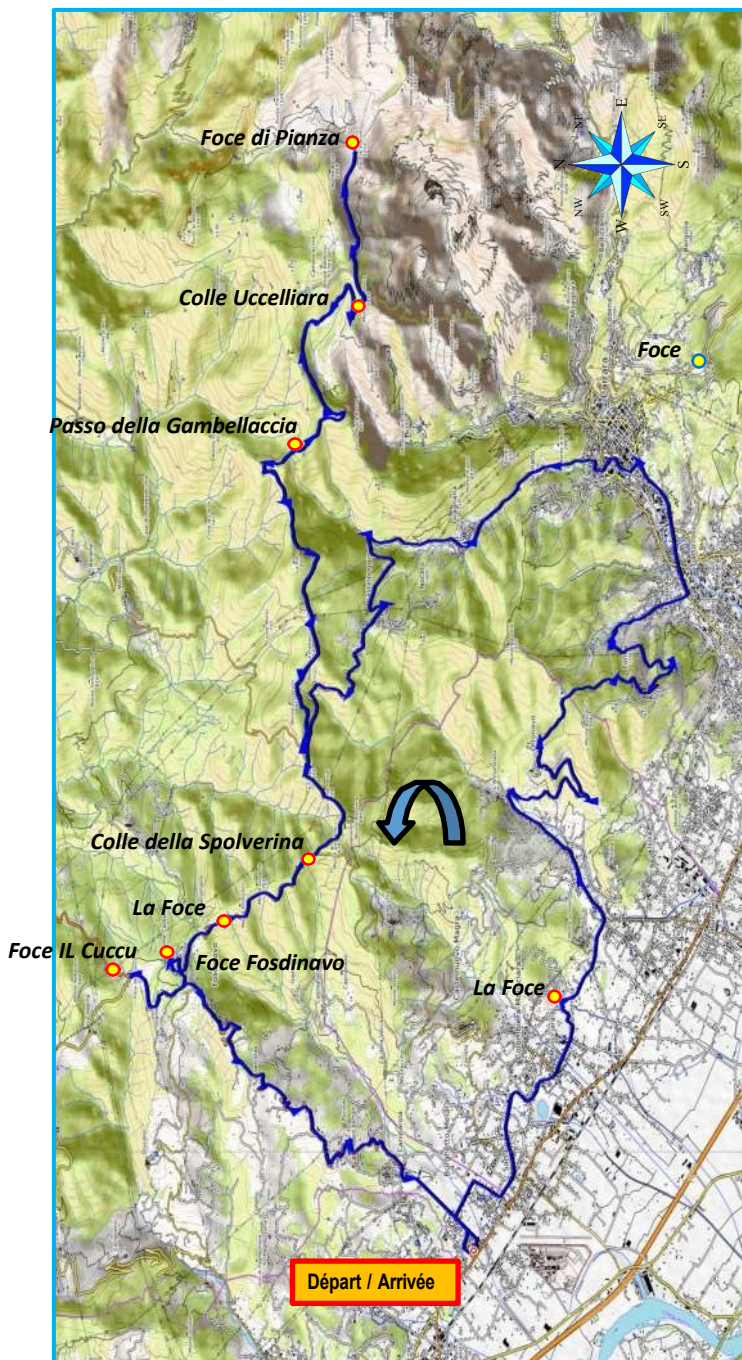
71 km 8 cols +1 option 2044 m de dénivelée

Départ: Borghetto Melara - Via Melara Parking Pam Superstore

44.09820°N et 9.98620°E



Prov	Alt	Lieu	Rte	Vers	Dist	Dist Tot	Ref. Catalogue	Rq
MS	22	Borghetto Melara				0		Parking super
MS	26	Via Fonda		→	0.221	0.221		R10_1
MS	29	Viale di Malespina		←	0.22	0.441		R10_2
MS	33	Via Borghetto		→	0.242	0.683		R10_3
MS	32	Via Montecchio		←	0.412	1.095		R10_4
MS	35	Via Case Rosse		→	0.138	1.233		R10_5
MS	21	Voa Provinciale		→	0.538	1.771		
MS	22	Ciclopedonale Lunese		←	0.433	2.204		
MS	21	Via Carbonara		←	0.744	2.948		R10_6
MS	22	Ponceau sur lunese		←	0.218	3.166		R10_7
MS	24	Via Pace		↖	0.703	3.869		R10_8
MS	24	Via Palvoritrisia/Pedonale			0.227	4.096		R10_9
MS	21	Via Corta		←	0.327	4.423		R10_10
MS	28	Via Olmarello		→	0.43	4.853		R10_11
MS	50	Via Serravalle		←	1.099	5.952		R10_12
MS	117	Vers Ortonovo		→	2.129	8.081		R10_13
MS	293	Ortonovo			3.309	11.39		
MS	352	Foce			1.05	12.44	IT-MS-0348	
MS	338	Fontia			1.33	13.77		
MS	56	Via Venti Settembre/ Carrara			4.96	18.73		R10_14
MS	104	Via Aronte		←	1.76	20.49		R10_15
MS	91	Corso Rossellini		→	0.22	20.71		R10_16
MS	95	Via Cavour		→	0.2	20.91		R10_17
MS	101	Via G.Ulivi		←	0.07	20.98		R10_18
MS	107	Via provinciale Gragnana	SP 73	←	0.63	21.61		R10_19
MS	224	Gragnana	SP 73	↑	2.539	24.15		
MS	532	Castelpoggio	SP 73	↑	3.647	27.8		Point d'eau
MS	648	SC Campo Cecina	SP445d	↗	2.959	30.76		R10_20
MS	882	Passo della Gambellaccia	SP446d	↑	5.215	35.97	IT-MS-0893	
MS	1204	Colle dell'Uccelliera	SP446d	↑	4.49	40.46	IT-MS-1230	
MS	1268	Foce di Pianza	SP	↑	1.7	42.16	IT-MS-0804	
MS	643	Carr.Sp446d/SP 73	SP446d	→	11.51	53.67		R10_20
MS	649	Colle della Spolverina	SP446d	↑	2.28	55.95	IT-MS-0655	
MS	568	La Foce à 20 m à droite	SP446d	→	2.35	58.3	IT-MS-0565	R10_21
MS	530	Foce di Fosdinovo à droite	Privée	→	0.5	58.8	IT-MS-0584	
MS	514	Sp446/SP72	SP72	→	1.2	60		R10_23
MS	521	Foce il Cucu	SP72	A/R	1.27	61.27	IT-MS-0519	
MS	499	Fosdinovo	SP72	↑	1.99	63.26		
MS	69	Caniparola	SP72	↑	6.12	69.38		
MS	25	Via Malespina	SP72	→	1.73	71.11		
MS	23	Borghetto Melara			0.89	72		Parking
MS	104	La Foce	SP73	→	3.5		IT-MS-0248	





Parcours 10a

Les Marbres de Carrara

49 km 5 cols+ 1 option 1224 m de dénivelée

Départ: Borghetto Melara - Via Melara Parking Pam Superstore

44.09820°N et 9.98620°E



Prov	Alt	Lieu	Rte	Vers	Dist	Dist Tot	Ref. Catalogue	Rq
MS	22	Borghetto Melara				0		Parking super
MS	26	Via Fonda		→	0.221	0.221		R10_1
MS	29	Viale di Malespina		←	0.22	0.441		R10_2
MS	33	Via Borghetto		→	0.242	0.683		R10_3
MS	32	Via Montecchio		←	0.412	1.095		R10_4
MS	35	Via Case Rosse		→	0.138	1.233		R10_5
MS	21	Voa Provinciale		→	0.538	1.771		
MS	22	Ciclopedonale Lunese		←	0.433	2.204		
MS	21	Via Carbonara		←	0.744	2.948		R10_6
MS	22	Ponceau sur lunese		←	0.218	3.166		R10_7
MS	24	Via Pace		↖	0.703	3.869		R10_8
MS	24	Via Palvoritrisia/Pedonale			0.227	4.096		R10_9
MS	21	Via Corta		←	0.327	4.423		R10_10
MS	28	Via Olmarello		→	0.43	4.853		R10_11
MS	50	Via Serravalle		←	1.099	5.952		R10_12
MS	117	Vers Ortonovo		→	2.129	8.081		R10_13
MS	293	Ortonovo			3.309	11.39		
MS	352	Foce			1.05	12.44	IT-MS-0348	
MS	338	Fontia			1.33	13.77		
MS	56	Via Venti Settembre/ Carrara			4.96	18.73		R10_14
MS	104	Via Aronte		←	1.76	20.49		R10_15
MS	91	Corso Rossellini		→	0.22	20.71		R10_16
MS	95	Via Cavour		→	0.2	20.91		R10_17
MS	101	Via G.Ulivi		←	0.07	20.98		R10_18
MS	107	Via provinciale Gragnana	SP 73	←	0.63	21.61		R10_19
MS	224	Gragnana	SP 73	↑	2.539	24.15		
MS	532	Castelpoggio	SP 73	↑	3.647	27.8		Point d'eau
MS	643	Carr.Sp446d/SP 73	SP446d	→	2.964	30.76		R10_20
MS	649	Colle della Spolverina	SP446d	↑	2.28	33.04	IT-MS-0655	
MS	568	La Foce à 20 m à droite	SP446d	→	2.35	35.39	IT-MS-0565	R10_21
MS	530	Foce di Fosdinovo à droite	Privée	→	0.5	35.89	IT-MS-0584	
MS	514	Sp446/SP72	SP72	→	1.2	37.09		R10_23
MS	521	Foce il Cucu	SP72	A/R	1.27	38.36	IT-MS-0519	
MS	499	Fosdinovo	SP72	↑	1.99	40.35		
MS	69	Caniparola	SP72	↑	6.12	46.47		
MS	25	Via Malespina	SP72	→	1.73	48.2		
MS	23	Borghetto Melara			0.89	49.09		Parking
MS	104	La Foce	SP73	→	3.5		IT-MS-0248	
MS	648	SC Campo Cecina	SP445d	↗	11.51	30.76		R10_20
MS	882	Passo della Gambellaccia	SP446d	↑	5.215	35.97	IT-MS-0893	
MS	1204	Colle dell'Uccelliera	SP446d	↑	4.49	40.46	IT-MS-1230	
MS	1268	Foce di Pianza	SP	↑	1.7	42.16	IT-MS-0804	

