



Parcours R12

Pontremoli Est

98km 5 cols et 2582m de dénivellée

Départ Pontremoli: Via Europa

44.373378°N et 9.876878°E

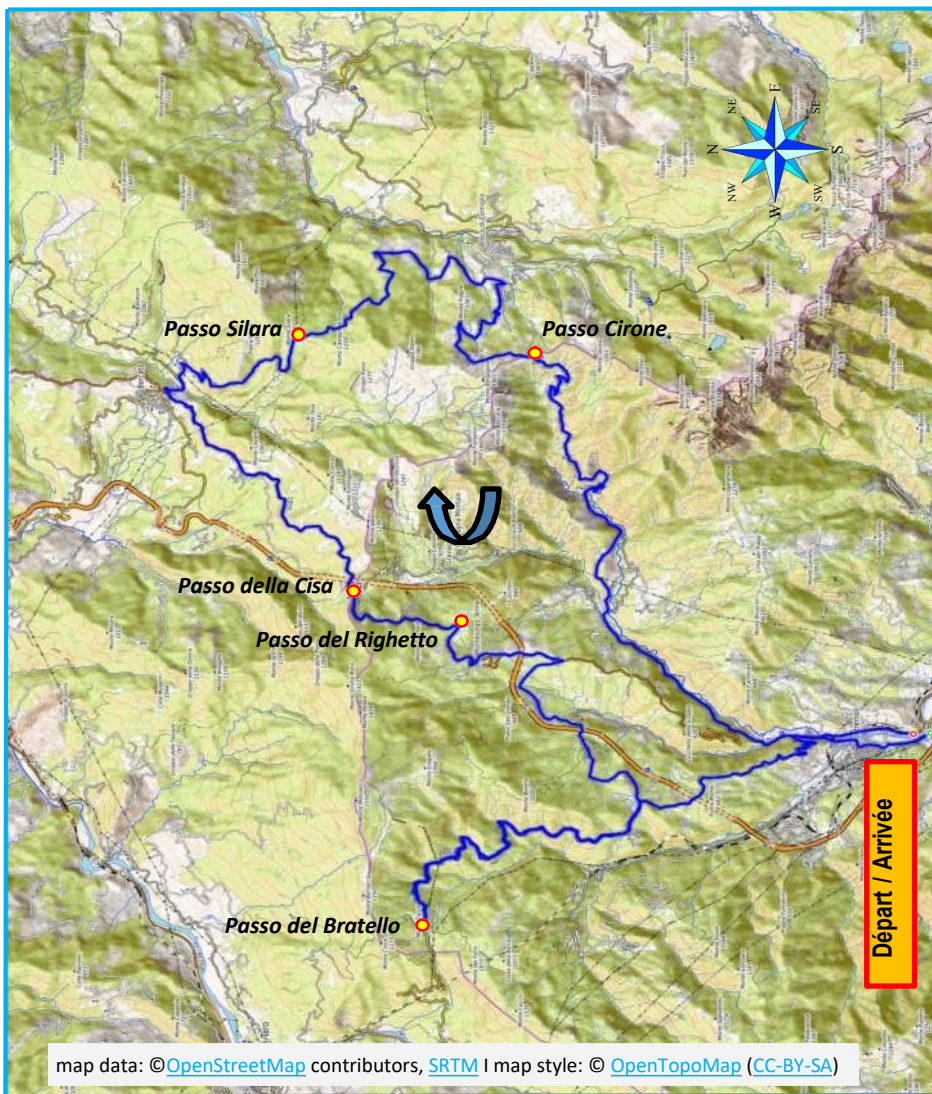


Pontremoli

Prov	alt	Lieu	Rte	Vers	Dist	Dist Tot	REF	Rq
MS	223	Pontremoli	SP31		0	0		Via Europa
MS	238	Via Europa /Primo maggio	SP31	→	1.141	1.141		
MS	237	Via Primo Maggio / Risoli		←	0.259	1.4		
MS	246	Via Risoli/Roma		→	0.358	1.758		
MS	243	Via Roma /G.Garibaldi		←	0.232	1.99		
MS	253	Via Garibaldi/SS62	SS62	←	0.768	2.758		
MS	265	Carr.SS62/P39	SP69	←	0.493	3.251		
MS	631	Grondola	SP39	↑	7.744	10.995		
MS	956	Passo del Bratello	SP39	↑	10.1	21.094	IT-MS-0950	
MS	621	Carr.SS62/P39	62	←	10.95	32.04		
MS	836	Montelungo terme	SS62	↑	8.901	40.941		
MS	973	Passo del Righetto	SS62	↑	2.279	43.22	IT-MS-0972	
MS	1038	Passo della Cisa	SS62	↑	3.45	46.67	IT-MS-1039	
PR	824	Berceto	SP15	→	8.55	55.22		
PR	807	Carr.SP15/SP74	SP74	↗	0.26	55.48		
PR	1200	Passo Silara	SP74	↑	6.55	62.03	IT-PR-1200	
MS	932	Cirone	SP108	→	9.21	71.24		
MS	1263	Passo Cirone	SP108	↑	5.615	76.855	IT-MS-1268	
MS	631	Pracchiola	SP42	↑	9.105	85.96		
MS	521	Groppodalsio	SP	↗	2.301	88.261		
MS	397	Molinello	SP42	←	2.242	90.503		
MS	253	Migneno	SP42	↑	6.122	96.625		
MS	232	Pontremoli	SS62	↑	1.891	98.516		



Château de Pontremoli ©Alessio Grazi



<https://www.openrunner.com/r/13812857>

